

## Information You Should Share with Your Child's Babysitter or Childcare Provider

### Childcare Providers

- You may have a babysitter or other childcare provider that helps you take care of your child.
- You can help your childcare providers learn what they need to know about taking care of a baby or young child with sickle cell disease.
  - Make sure your childcare providers learn how to tell if your child is getting sick.
  - Also make sure that they know how to contact you and what to do if your child has a fever or is sick.

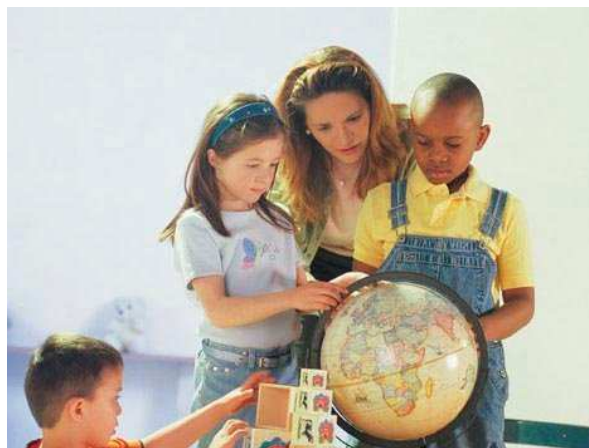
### Teachers

- As your child gets older, he or she may go to pre-school or start kindergarten.
- You can also help your child's teachers learn what they need to know about sickle cell disease



## On the next pages you will find information that you can share with your child's babysitter or childcare providers

- You should make sure to give a copy of this information to people that take care of your child.
- You can print this information directly from this website.



## Information for Babysitters and Childcare Providers

My child has **Sickle Cell Disease**. This is a condition that affects red blood cells and causes anemia.

**You should call me immediately if you notice any of the following symptoms in my child. These are all times when my child needs to see a doctor RIGHT AWAY.**

- Fever of **101° or higher (Never ignore this!)**
  - Severe headache or dizziness
  - Severe pain or swelling in the belly
  - Rapid breathing, or coughing with chest pain
  - Very pale skin or palms or inner eye lids
  - Cannot move hands, arms or legs
  - Limps without pain
  - Cannot wake up
  - Slurred speech or drooling
- **If you cannot reach me, you should call 911.**
  - **When you call the doctor or 911, make sure to tell the person that answers that my child has Sickle Cell Disease.**

**There are things that I need to know about right away so that I can call my child's doctor for advice. You should call me if my child:**

- Vomits or has diarrhea
- Keeps coughing
- Has pain
- Is not acting like they usually do:
  - Refuses to take penicillin
  - Is less active than usual
  - Refuses to eat or drink

**Here are some other things you need to know about my child. I will talk with you about these things:**

- My child needs to drink plenty of fluids and have healthy meals and snacks.
- My child needs to get enough rest.
- My child needs to avoid temperature extremes (too cold or too hot and humid). It is important to dress my child in warm clothes when the weather is cold.

## CONTACT INFORMATION

You can reach me at \_\_\_\_\_

If you cannot reach me, call \_\_\_\_\_ (Name)

\_\_\_\_\_ (Phone Number)

My child's doctor is \_\_\_\_\_ (Name)

\_\_\_\_\_ (Number)

### Other notes

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### Credits



National Coordinating  
and Evaluation Center  
Sickle Cell Disease and Newborn Screening Program

**Sickle Cell Disease and  
Newborn Screening Program**



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